

TEENS AND CHOICES

A choice is an alternative that is taken after being faced with two or more alternatives. Life is full of so many choices. You make a choice to go to school, to eat, stay away from pornography, drugs and alcohol, to abstain from sex till marriage, to respect your parents and teachers however every choice has consequences, good or bad.

Consequences for obeying parents

- You will have a good loving and supportive relationship with parents
- Good performance in school
- You can share any information with them
- Focused on achieving your dream
- Have good friends and positive peer pressure

Consequences for staying in school

- You will be working towards achieving your goals
- Progressive dreams for a better future
- Higher chances of better job opportunities and standard of living
- Make your parents proud
- Higher self esteem

Consequences for a choice for having sex before marriage:

- Crisis pregnancy
- Dropping out of school
- Abortion and its consequences i.e. infertility, death.
- Chased away from home
- HIV/STD'S
- Shame and guilt
- Anger towards self for that decision
- Loss of self esteem
- Loss of self-worth

Consequences for a choice of abstinence:

- Feeling of self- value and worth
- Able to complete their education and succeed
- More joy and peace
- Blessings from God because they decided to honor Him with their bodies
- Able to make more right choices in the future concerning relationships.

Decision

You need to make a choice today, to obey your parents, stay in school, and avoid drugs and alcohol, stay away from pornography and to abstain from sex till marriage. You will never regret making these choices. It is in your hand and power; choose wisely.

Prayer: Dear Jesus, thank you for loving me. I pray that you will give me the strength to make all the right decisions and be committed to them. I want to decide rightly in order to honor you, my parents and have a brighter future. Thank you for making it possible. Amen