

YOUTH AND DOUBLE LIFE

A double life is where by a person two lives i.e. has a public life that people know however has a private one that people do not know about him/her.

These could include

1. Very bad behavior at school (worrier) but angel at home
2. Hidden habits which include:
 - Smoking,
 - using drugs
 - Fornication
 - Masturbation
 - Stealing
 - Alcoholism
 - Lesbianism/ homosexuality
 - Prostitution, cross generational/ transactional relationships
 - Watching pornographic material

Facts about a double life:

- The person wants to always show a good face to people
- It's a hidden life know by only you
- If people came to know about it costs you a lot

Consequences of such a life

- Guilty
- Shame
- Self-blame and condemnation
- Fear of being discovered and the consequences that come after
- Leads to continuous sinful life style (addictions)
- Feelings of impurity before God
 - Physical problems e.g. unwanted pregnancy, HIV/ AIDS/

STD'S, body injuries, and sometimes death.

If the double life is found out it could lead to:

- Shame, rejection from peers, self-rejection, depression, increase in the addiction and lower self-esteem.

Check your self, what have you been hiding/ doing that people don't know?

Thought for life:

God sees everything that goes on in this world therefore such a life is not hidden from Him. He knows how sinful and guilty you are but He still loves you. He wants to set you free from that. He wants that what people see should be what we really are. This is to give Him Glory. He wants you to be the light of the world.

Prayer: Dear Lord, thank you for loving me. I am sorry for living a double life (Mention what you have been doing) I pray that you will forgive me wash me with your precious blood and make me clean. I pray that from today onwards in I will live a life that glorifies you, that I will be true to myself. Amen