

## WHAT FATHERS AND MOTHERS OF TEENAGERS SHOULD REMEMBER

Parenting is a gift from God and should be carried out with wisdom, knowledge and understanding in order to have positive consequences. Parenting a teenager requires wisdom because the teenager desires more independence and is bound to make many mistakes during that stage.

1. Parenting is a gift from God and the gift should be handled with care.
2. It is a life time commitment
3. It is a joy if you let it be
4. It is a commitment to loving no matter what
5. Its challenging but exciting because you are training your child to excel.
6. It is responsibility entrusted to you by God. So it should be handled with wisdom, care and love.

### Remember, with your children you have to:

- Love them unconditionally
- Teach them
- Train them in all areas
- Discipline them
- Pray for them continuously
- Care for them without fail
- Show unconditional love to all siblings
- Be responsible father/mother
- Forgive them
- Model for them values that you would like them to take on (faithfulness, honesty, work ethics, sharing)
- Make friendship with your child
- Show affection

- Tell them you love them, don't wait for the world to do it, it hurts
- Appreciate them
- Learn who they are, their likes /dislikes, personalities, temperaments.
- Accept them and their differences
- Focus on their gifts and encourage development
- Introduce God to them at a young age
- Answer their questions
- Say the truth always
- Encourage then depend on God
- Protect them from destructive environments, people, social media and entertainment
- Protect them
- Provide for them
- Be their number 1 supporter.

Successful parenting gives the deepest joy in life. Adolescence is a period when many make life changing decisions. Therefore the support and understanding of parents of this period of is very crucial