

Teens with Abortion

This is an alternative that girls take to remove the unborn baby from their womb after knowing about the pregnancy. At this time, for many the world becomes black; she does not know what to do. This is because it was not part of the plan, they therefore feel afraid and alone but she needs to decide what to do.

Despite the stress, she needs to think through the alternatives. This is because it is one of the biggest decisions she will make in her life. They therefore have to use the available information to make the choice other than depend on their information. You use your head to guide your heart.

Many decide to abort in order to :

- Finish school
- Fear of rejection by parents/guardians
- Rejection by boyfriends
- Uncertain of the financial support
- Not knowing the father (in case of rape)
- Fear of shame
- Uncertainty of the future i. e. care of the baby, school

This is the worst decision that she can make because it has a lot of risks:

Physical complications

- Heavy bleeding
- Infections
- Damage of the uterus which could cause infertility
- Miscarriages and
- Ectopic pregnancy (baby growing in the fallopian tube instead of the womb) are likely to happen in the future.
- Death

Emotional risks

Some girls experience an immediate feeling of relief after the abortion but many find themselves later coping with feelings they did not expect and they find difficult time to talk about these feelings which include:

- Sadness
- Regret and shame
- Long term grief
- Anger
- Hallucinations
- Suicidal ideas
- Sexual dysfunctions
- Memory problems
- Increased alcohol/drug use
- Difficulty in keeping close relationships
- Flash backs

Spiritual

- loss of closeness with God
- Feelings of guilt and shame towards God
- Un-forgiveness towards boyfriend which hinders progress in your spiritual life
- Thoughts of God not forgiving you

If you are thinking of ever having an aborting you will want to weigh the emotional, spiritual as well as the possible physical risks

What God says about abortion?

He created that baby and put him/her in your womb. Isaiah 44:24, says this is what the Lord says, your Redeemer who formed you in the womb: I am the Lord, who has made all things. He is the one who has the right on life and death (I Samuel 2:6) if one aborts it is murder a sin before God. Exodus 20:1, 13.

Unlike many decisions in life, the consequences of an abortion may be serious health implications and permanent. Therefore don't be intimidated, it's your body and it is you who will suffer the effects.

Choose wisely, keep your pregnancy to term, it is worth it. Children are a gift from God, He knows us before we are born (Psalms 139)

What one can do when pregnant?

We have a crisis pregnancy center located on Martin Road plot 20, old Kampala (MIREMBE HOUSE) where you can be helped.

The choice is in your hand

