

TEENS AND NOVELS

Novels are stories that are written about different life experiences. Some of them are true while others are fictional in nature. There are romantic, detective, horror, real life experiences, educative novels etc. Most teenagers read detective and romantic novels. It is now a fashion for mainly girls.

Romantic novels are stories written about a love story. Most of them have romance and sexual expressions.

Hilda 18

I read novels ever since I was in S1; I am now addicted to reading romantic novels more and more. I can now read a small novel in three hours. For the big novels I can take two days. Sometimes I miss classes in order to read them. I have tried to stop but failed, what can I do?

Facts about them:

- They are addictive; while you start reading them it is difficult to stop.
- They have sexual expressions which sexually arouse the sexual desires of the reader.
- Constant reading them could change your perspective about life and relationships.

Consequences

- Introduces you to relationships and sexual experiences that defile your mind.
- Leads to sexual problems e.g. Fantasies, lust, fornication, homosexuality, masturbation
- Create a false attitude of what relationships should be. Many

women who read them, want to marry tall, wide chest, rich, romantic men.

- Erases God purpose for marriage, some of them include a lot of divorce which influences people to think they can divorce too if a marriage fails.

You can get out of it or avoid it by:

- Decide to stop the habit
- Pray to God to help you remove the desire of reading romantic novels.
- Find other things to occupy you or read educative material e.g. sports and games and develop new hobbies.
- Making a commitment to choose healthy habits.

Prayer:

Dear Lord, thank you for loving me. Please forgive me for the actions and bad thoughts that I have had due to reading novels. I pray that your blood will wash me and make me clean. I pray that you will also break the habits that have developed due to reading them. Please give me strength to stop and develop new healthy habits. Thank you.
Amen