

## MYTHS ABOUT SEX AND PREGNANCY

A myth is a false statement about something that could be adopted in society to be true. There are many of them in our society and many youth follow them or a lied about the. This has led many of them to fall into trouble.

Some include:

1. **When one does not have sex while a teenager, the sexual organs will become dysfunctional.**

### Fact

Sexual organs are normal parts of the body they can never get damaged because someone is not having sex

2. **A girl cannot get pregnant while in her periods**

### Facts

Science has shown that some girls release ova during her periods therefore can get pregnant when she has sex

3. **A girl cannot get pregnant if they have sex while standing**

### Fact

In whatever position you have sex you can get pregnant

4. **In order to reduce the size of the breasts and balm one can have sex**

### Fact

Having sex can never reduce body parts; one should have excises and have a healthy diet.

5. To show that you are a real man you need to start having sex as a teenager.

**Fact**

Real men know the value of their bodies and abstain from sex till marriage. They do not need to have sex in order to gain self-esteem.

6. Love = to sex

**Fact**

To express love does not mean to have sex with someone. It is a sin when we look at love and sex in that picture. Both should be in an environment of security and commitment i.e. Holy marriage.

7. Sex= to money

**Fact**

Your body is to be used for the glory of God. It is not a commodity for sell. It is a temple of the living God. Many girls use their bodies to get money but it is wrong, Romans 12:1.

You should not be lied to, use your brain and avoid trouble.